In July 2014, Native American Women’s Health Education Resource Center (NAWHERC) surveyed a total of 69 Indian Health Service (IHS) pharmacies located throughout the Albuquerque, Bemidji, Oklahoma, Navajo and Great Plains Areas to assess the availability of Plan B as an Over-The-Counter (OTC) contraceptive. Plan B was FDA approved in 2006 for OTC use. Results show that 80% of the IHS pharmacies carry Plan B as an OTC contraceptive. However, 11% of the IHS pharmacies require a prescription for Plan B and 9% do not offer Plan B at all.

The survey also obtained information about age restriction on Plan B as an OTC contraceptive. In 2013, the FDA removed all age restrictions on Plan B as an OTC contraceptive. However, a majority (72%) of the IHS pharmacies continue to impose age restrictions on Plan B as an OTC contraceptive. The age restrictions ranged from 15 years old to 18 years old. Only 28% of IHS medical centers provide Plan B as an OTC contraceptive without age restriction.